



# JANUARY 2025

## EVENTS & PROGRAMS

[Click here to check out all of our programs in Spanish!](#)

ALL INFO & RSVP AT:  
[SURVIVINGBREASTCANCER.ORG/EVENTS](https://www.survivingbreastcancer.org/events)

SUN	MON	TUE	WED	THU	FRI	SAT
			1 New Year's Day	2 All Stages & MBC Meetups	3 Pilates	4
5 Breast Cancer Book Club	6 Meditation Affirmations Artistic Expression	7 Voices of Strength: Storytelling Performance	8	9 All Stages & IBC Meetups	10 Pilates	11 Chicagoland Meetup
12	13 Meditation Affirmations Expressive Writing	14 Qi Gong DIEP Yoga	15	16 All Stages & MBC Meetups	17 Fire Ceremony	18
19	20 MLK Day Meditation Affirmations Restorative Yoga	21 Caregiver Huddle	22	23 All Stages Meetup	24	25
26	27 Meditation Affirmations Reiki Circle	28 Chair Yoga	29	30 Triage Cancer Webinar All Stages Meetup	31	

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